

Nutrition Facts

Serving Size	1
Amount Per Serving	
Calories	325
Calories from fat	98.1 g
Total Fat	10.9 g
Saturated Fat	
Trans Fat	0
Cholesterol	32.8 mg
Sodium	690 mg
Potassium	
Total Carbohydrate	38.7 g
Dietary Fiber	
Sugars	
Protein	23 g
Vitamin A	
Vitamin C	
Calcium	
Iron	
Meal Pattern Equivalents	
meat/meat alternate	2
bread/bread alternate	3.5
vegetables	
fruit	