

# Crane Elementary School District

## Breakfast & Lunch Menu

Daily Alternative Meal Entree Choices:

Breakfast - Assorted Cereal or Yogurt Parfait

Lunch - Peanut Butter & Jelly, Bean Burrito, or Yogurt Combo



# July 2018

This institution is an equal opportunity provider

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>  "The more you eat, the better you feel!" CUT SOME CHEESE TO GO WITH IT	<b>2</b> Breakfast Burrito (21g) *** Full-Size Corn Dog (27g) Tasty Tater Tots (24g)	<b>3 Eat your Beans Day</b> Stuffed Mini Bagel (41g) *** Chicken Fajitas (3g) 6" Tortilla WG 2 each (44g) Chilies & Pintos (21g)	<b>4 Independence Day</b>  HAPPY BIRTHDAY, AMERICA!	<b>5 Graham Cracker Day</b> Pancake on a Stick (20g) *** Tangy Bean & Cheese Bowl (13g) 6" Tortilla WG 2 each (44g) Cucumber Slices with Tajin (1g)	<b>6</b> Breakfast Bread Slice (44g) *** Chicken Nuggets (16g) Rotini & Cheese (23g) Steamed Broccoli Bites (2g)	<b>7</b>
<b>8</b>	<b>9 Sugar Cookie Day</b> Bagelful (41g) *** SW Philly Steak Sandwich (6g) Homemade Bun (30g) Corn on the Cob (10g)	<b>10</b> Mini-Waffles (47g) *** Cheesy Beefy Nachos (20g) Buttery Peas (6g)	<b>11</b> Egg Tac-Go (14g) *** Chicken Patty Sandwich (16g) Homemade Bun (30g) Fresh Broccoli & Ranch (4g)	<b>12 Eat Jello Day</b> Breakfast Pizza (21g) *** Turkey Chunks in Gravy (2g) Sweet Mashed Potatoes (31g) Homemade Roll (6g)	<b>13</b> Breakfast Crumble (53g) *** BBQ Pork Rib Sandwich (12g) Homemade Bun (30g) Ranch Beans (21g)	<b>14</b>
<b>15</b>	<b>16</b> Breakfast Bread Slice (44g) *** Pizza Day!! (Asst ave. 30g) Fresh Broccoli Bites (2g) Ranch Dressing (2g)	<b>17 Emoji Day</b>  Mini-Pancakes (47g) *** Spaghetti w/ Meat Sauce (18g) Garlic French Bread (30g) Savory Green Beans (2g)	<b>18</b> Warm Muffin (39g) *** Popcorn Chicken (16g) Mashed Potato (20g) Bowl w/ Corn (8.5g) & Roll (22g)	<b>19 Hot Dog Day</b> Breakfast Burrito (21g) *** Book Worm Pigs (32g) Ranch Beans (21g)	<b>20 Lollipop Day</b> Ham, Egg, Cheese Biscuit (28g) *** Burger on Homemade Bun (38g) Sweet Baby Carrots (2g)	<b>21</b>
<b>22 Parents' Day</b>	<b>23</b> Sweet Cherry Muffin (39g) *** Asian Chicken Day (8g) Fried Rice (46g) Steamed Buttery Broccoli (3g)	<b>24 Cousin Day</b> French Toast Pull-a-part (34g) *** Chicken Quesadilla (27g) Cucumber Slices w/ Tajin (1g) Chocolate Pudding (23g)	<b>25</b> Breakfast Pizza (29g) *** Cheese Burger (39g) Potato Smiles (24g)	<b>26 Bagelfest Day</b> Pancake on a Stick (20g) *** Ham & Cheese (3g) Bagel Sandwich (48g) Sweet Baby Carrots (2g)	<b>27</b> Cinimini-Cinnamon Rolls (39g) *** Manager Choico	<b>28</b>
<b>29</b>	1/2 pt FF Choc Milk (24g) 1/2 pt FF Milk (12g)	Asst Cereal (24g ave.) 4oz Ct Juice (16g ave.) 1/2C Canned Fruit (16g ave.)	Breakfast Yogurt Parfait (75g) Lunch Yogurt Parfait (76g) 1/2C Fresh Fruit (17g ave.)	PBJ Sandwich (69g) Bean Burrito (46g)	Crane is providing free meals to children 18 and younger at <u>Ronald Reagan, Valley Horizon, Gary Knox, Pueblo, and Salida</u>	

Join us this Summer for Friends, Food & Fun!

**We will be starting the Summer Meals on June 4th**  
**Summer Meals Schedule**  
 Available Monday through Friday  
 Breakfast Served: 7:30 am to 9:00 am  
 Lunch Served: 11:00 pm to 12:30 pm

June '18

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

August '18

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



Drinking Water is always available at every meal. Menu is subject to change depending on availability.