



Crane Elementary School District

Breakfast & Lunch Menu

April 2018

This institution is an equal opportunity provider

Daily Alternative Meal Entree Choices:

Breakfast - Assorted Cereal or Yogurt Parfait

Lunch - Peanut Butter & Jelly, Bean Burrito, or Yogurt Combo

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																
1 April Fool's Day Easter	2 1/2 pt FF Choc Milk (24g) 1/2 pt FF Milk (12g)	3 Asst Cereal (24g ave.) 4oz Ct Juice (16g ave.)	4 Breakfast Yogurt Parfait (75g) Lunch Yogurt Parfait (76g)	5 PBJ Sandwich (69g) Bean Burrito (46g)	6 1/2C Canned Fruit (16g ave.) 1/2C Fresh Fruit (17g ave.)	7																																																																																
Spring Break / No School																																																																																						
8	9 Cinnamon Bagelful (34g) *** Orange Chicken (8g) Fried Rice (46g) Limited Time Egg Roll (29g)	10 Pancake on a Stick (20g) *** Walking Tacos (30g) Taco Meat/Refried Beans (24g)	11 National Pet Day Eggo Mini French Toast (35g) *** Personal Pizza (31g) Savory Green Beans (2g) Sunbelievable Sidekick (20g)	12 Breakfast Pizza (29g) *** Popcorn Chicken (16g) Mashed Potato (20g) Bowl w/ Corn (8.5g) & Roll (22g)	13 Lucky Friday!! Benefit Breakfast Bar (48g) *** Chicken & Green Chili Tamales (31 g) Seasoned Pintos (21g)	14																																																																																
15	16 Taxes Due Cheesy Brkfst Empanada (30 g) *** Spaghetti w/ Meat Sauce (18g) Garlic French Bread (30g) Savory Green Beans (2g)	17 Mini Pancakes (39g) *** Italian Stuffed Sandwich (34g) Steamed Broccoli (2g)	18 Warm Muffin Top (44g) *** Chicken Patty Sandwich (16g) Homemade Bun (30g) Lattice Sweet Potato Fries (19g)	19 High 5 Day! Breakfast Burrito (21g) *** BBQ Pulled Pork (6g) Homemade Bun (30g) Tasty Tater Tots (24g)	20 Earth Day Observed Ham/Egg/Cheese Biscuit (28g) *** Earth Day Reptile Chicken Shapes (16g) Roll (6g), Ranch Beans(21g),	21																																																																																
22 Earth Day	23 Book & Copyright Day Warm Cherry Muffins (39g) *** Orange Chicken (8g) Fried Rice (46g) Limited Time Egg Roll (29g)	24 French Toast Stick (34g) *** Crane Stuffed Burger (8g) Bun (30g) Curly Fries (25g)	25 Admin Assist Day Pancake on a Stick (20g) *** Toasty Toastada (38g) Savory Spanish Rice v(30g)	26 Nat'l Pretzel Day Ham/Egg/Cheese Biscuit (28g) *** Soft Super Pretzel (30g) Homemade Cheese Sauce (8.5g) Baby Carrots (3 g)	27 Omelet Halfwich (16g) *** Lean & Green Pumped Protien Bean Chili (40g) Corn Bread (30g) & Side Kick (20g)	28																																																																																
29 International DANCE Day!	30 Assorted Crunch Bar (41g) *** Better than Chipotle Carnitas Cilantro-Lime Rice(36g) Bowl with Black Beans(22g)	<div style="display: flex; justify-content: space-between;"> <div style="text-align: center;"> <p>FREE LUNCH For Kids & Teens</p> </div> <div style="text-align: center;"> <p>Crane Schools is constantly trying to increase the resources available to the community it serves. We are proud to announce that this year Crane will be providing free lunch to children 18 and younger at <u>Ronald Reagan, Valley Horizon, Gary Knox, Pueblo, and Salida Del Sol.</u></p> </div> <div style="text-align: center;"> </div> </div>																																																																																				
More Dad Jokes: 1. Did you know the first French Fries weren't actually cooked in France? They were cooked in Greece. 2. If you see a robbery at an Apple Store does that make you an iWitness?	<div style="display: flex; justify-content: space-around;"> <div> <p>March '18</p> <table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr> </table> </div> <div> <p>May '18</p> <table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td></tr> </table> </div> </div>	S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	S	M	T	W	T	F	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			Do you have a suggestion for the cafeteria? Do you want to be more involved in creating menus? For more information, or if you have a comments or questions please email mclark@craneschools.org or call the School Nutrition Office at 928-373-3910.
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Menu is subject to change depending on availability.