

## Allergy Database 2017-18

| Menu Item   | Eggs | Fish | Dairy | Nuts | Shellfish | Soy | Gluten/<br>Wheat | Corn | Soy Oil | Other  |
|---|------|------|-------|------|-----------|-----|------------------|------|---------|--|
| Bread, Roll, Dinner   |      |      | Yes   |      |           | Yes | Yes              |      | Yes     |  |
| Breakfast Bar, Banana Chocolate Chunk (Benefit)                   | Yes  |      | Yes   |      |           | Yes | Yes              |      | Yes     | Oats, Molasses   |
| Breakfast Bar, Cereal, Cinnamon Toast Crunch                      |      |      |       |      |           | Yes | Yes              | Yes  |         | Oats, Rice Flour, Cinnamon, Gelatin                          |
| Breakfast Bar, Cereal, Golden Grahams                             |      |      |       |      |           | Yes | Yes              | Yes  |         | Oats, Rice, Gelatin, Cocoa                                   |
| Breakfast Bar, Chocolate Chip (Benefit)                           | Yes  |      | Yes   |      |           | Yes | Yes              | Yes  | Yes     | Oats, Cocoa, Molasses  |
| Breakfast Entrée, Bagel   |      |      |       |      |           |     | Yes              |      |         |  |
| Breakfast Entrée, Bacon Cheese Scramble Bread                     | Yes  |      | Yes   |      |           |     | Yes              | Yes  | Yes     | Pork   |
| Breakfast Entrée, Banana Bread                                    | Yes  |      |       |      |           | Yes | Yes              | Yes  | Yes     | Honey, Cinnamon,   |
| Breakfast Entrée, Bread, Blueberry Crumble                        | Yes  |      | Yes   |      |           |     | Yes              |      | Yes     | Apples, Applesauce, Cinnamon                                 |
| Breakfast Entrée, Bread, Cinnamon Crumb (Junior High/High School) | Yes  |      | Yes   |      |           |     | Yes              | Yes  |         | Applesauce, Cinnamon   |
| Breakfast Entrée, Bread, Pumpkin                                  | Yes  |      |       |      |           | Yes | Yes              | Yes  | Yes     | Pumpkin, Honey, Cinnamon                                     |
| Breakfast Entrée, Breakfast Cheese Pocket                         | Yes  |      | Yes   |      |           | Yes | Yes              |      | Yes     | Tomato Paste   |
| Breakfast Sandwich, Ham and Cheese                                |      |      | Yes   |      |           | Yes | Yes              |      | Yes     |  |
| Breakfast Entrée, Cereal Bar, Cocoa Puffs                         |      |      |       |      |           | Yes | Yes              | Yes  |         | Cocoa, Oats, Rice Flour                                      |
| Breakfast Entrée, Cereal Bar, Fruity Cheerios                     |      |      |       |      |           | Yes | Yes              | Yes  |         | Oats, Brown Rice Flour, Pear Puree                           |
| Breakfast Entrée, Cereal Bar, Trix                                |      |      |       |      |           | Yes | Yes              | Yes  |         | Oats, Rice   |
| Breakfast Entrée, Cereal, Apple Jacks                             |      |      |       |      |           |     | Yes              | Yes  | Yes     | Oats, Coconut Oil, Apple, Cinnamon, Yellow 6, Blue 1, Red 40 |
| Breakfast Entrée, Cereal, Cheerios                                |      |      |       |      |           |     |                  | Yes  |         | Oats   |
| Breakfast Entrée, Cereal, Cinnamon Toast Crunch, Reduced Sugar    |      |      |       |      |           | Yes | Yes              |      |         | Rice, Cinnamon   |
| Breakfast Entrée, Omelette, Cheese                                | Yes  |      | Yes   |      |           |     |                  | Yes  | Yes     |  |
| Breakfast Entrée, Cereal, Cocoa Puffs, Reduced Sugar              |      |      |       |      |           |     |                  | Yes  |         |  |
| Breakfast Entrée, Cereal, Honey Nut Cheerios                      |      |      |       | Yes  |           |     |                  | Yes  |         | Oats, Honey, Almond Flavor, Rice Bran Oil                    |
| Breakfast Entrée, Cereal, Kix                                     |      |      |       |      |           |     |                  | Yes  |         | Rice   |
| Breakfast Entrée, Cereal, Multi Grain Cheerios                    |      |      |       |      |           |     |                  | Yes  |         | Oats, Rice   |
| Breakfast Entrée, Cereal, Rice Krispies                           |      |      |       |      |           |     |                  |      |         |  |
| Breakfast Entrée, Cinnamon Breakfast Bread, Elementary            | Yes  |      | Yes   |      |           |     | Yes              |      | Yes     | Cinnamon   |
| Breakfast Entrée, Donuts, Whole Grain, Mini, Chocolate            | Yes  |      | Yes   |      |           | Yes | Yes              |      | Yes     | Cocoa, Honey   |
| Breakfast Entrée, Donuts, Whole Grain, Mini, Powder               | Yes  |      | Yes   |      |           | Yes | Yes              | Yes  |         | Honey  |
| Breakfast Entrée, French Toast Sticks, Cinnamon (Secondary)       | Yes  |      | Yes   |      |           | Yes | Yes              | Yes  | Yes     | Cinnamon   |
| Breakfast Entrée, French Toast, Cinnamon Glazed (Elementary)      | Yes  |      |       |      |           | Yes | Yes              | Yes  | Yes     | Cinnamon   |
| Breakfast Entrée, Mini Cinnamon Bagels                            |      |      | Yes   |      |           |     | Yes              | Yes  | Yes     | Cinnamon   |
| Breakfast Entrée, Mini Strawberry Bagels                          |      |      | Yes   |      |           |     | Yes              | Yes  | Yes     | Strawberry, Beets  |
| Breakfast Entrée, Muffin, Apple Cinnamon, 1.5 oz.                 | Yes  |      |       |      |           |     | Yes              |      | Yes     | Cinnamon   |
| Breakfast Entrée, Muffin, Banana, 1.5 oz.                         | Yes  |      |       |      |           |     | Yes              |      | Yes     |  |
| Breakfast Entrée, Muffin, Blueberry, 3 oz.                        | Yes  |      |       |      |           |     | Yes              |      | Yes     |  |
| Breakfast Entrée, Muffin, Cherry, 3 oz.                           | Yes  |      |       |      |           |     | Yes              |      | Yes     |  |
| Breakfast Entrée, Muffin, Chocolate Chip                          | Yes  |      | Yes   |      |           |     | Yes              |      |         | Sweet Potatoes, Cocoa, Chocolate                             |

## Allergy Database 2017-18

| Menu Item  | Eggs | Fish | Dairy | Nuts | Shellfish | Soy | Gluten/<br>Wheat | Corn | Soy Oil | Other  |
|--|------|------|-------|------|-----------|-----|------------------|------|---------|--|
| Breakfast Entrée, Oatmeal Chocolate Round Bar          | Yes  |      | Yes   |      |           | Yes | Yes              | Yes  | Yes     | Oats, Cocoa, Molasses  |
| Breakfast Entrée, Oatmeal w/Brown Sugar & Dried Fruit  |      |      |       |      |           |     |                  |      |         | Oats   |
| Breakfast Entrée, Pan Dulce                            | Yes  |      | Yes   |      |           | Yes | Yes              |      |         | Cinnamon, Pink contains Red 3, Yellow contains Yello 5&6, Brown contains Cocoa |
| Breakfast Entrée, Pancake Wrapped Turkey Sausage       | Yes  |      |       |      |           | Yes | Yes              | Yes  | Yes     |  |
| Breakfast Entrée, Pancakes, Mini Maple                 | Yes  |      | Yes   |      |           |     | Yes              | Yes  |         | Brown Rice Flour   |
| Breakfast Entrée, Parfait, Fruit and Yogurt            |      |      | Yes   |      |           |     |                  | Yes  |         | Kosher Gelatin, Oats, Rice Flour, Molasses, Honey, Cinnamon, Malt Extract      |
| Breakfast Entrée, Sandwich, Turkey Ham & Cheese on Bun |      |      | Yes   |      |           | Yes | Yes              | Yes  | Yes     |  |
| Breakfast Entrée, Smoothie                             |      |      | Yes   |      |           |     |                  | Yes  |         | Kosher Gelatin   |
| Breakfast Entrée, Yogurt, Trix, 4 oz.                  |      |      | Yes   |      |           |     |                  | Yes  |         | Kosher Gelatin   |
| Breakfast Entrée, Zucchini Bread                       | Yes  |      |       |      |           | Yes | Yes              | Yes  | Yes     | Honey, Cinnamon  |
| Breakfast Sandwich, Croissant Bacon, Cheese, Egg       | Yes  |      | Yes   |      |           | Yes | Yes              |      | Yes     |  |
| Breakfast Sandwich, Croissant Sausage, Cheese and Egg  | Yes  |      | Yes   |      |           | Yes | Yes              |      | Yes     | Pork   |
| Cheese, String   |      |      | Yes   |      |           |     |                  |      |         |  |
| Condiment, Asian Sesame Dressing                       |      |      |       |      |           | Yes | Yes              | Yes  | Yes     | Sesame Seeds, Tomato Paste, Orange, Lemon, Grapefruit                          |
| Condiment, Cream Cheese                                |      |      | Yes   |      |           |     |                  |      |         |  |
| Condiments, Dipping Sauce, BBQ Sauce                   |      |      |       |      |           |     |                  | Yes  |         | Tomato Paste, Molasses   |
| Condiments, Dipping Sauce, Sweet and Sour              |      |      |       |      |           | Yes |                  | Yes  |         | Apricots, Peach, Molasses  |
| Condiments, Jalapeno, Sliced                           |      |      |       |      |           |     |                  |      |         |  |
| Condiments, Ketchup                                    |      |      |       |      |           |     |                  | Yes  |         |  |
| Condiments, Mayonnaise                                 | Yes  |      |       |      |           |     |                  | Yes  | Yes     |  |
| Condiments, Mustard                                    |      |      |       |      |           |     |                  |      |         |  |
| Condiments, Pickles                                    |      |      |       |      |           |     |                  |      |         | Yellow 5, Polysorbate 80   |
| Condiments, Ranch Dressing                             | Yes  |      | Yes   |      |           |     |                  | Yes  | Yes     |  |
| Condiments, Syrup                                      |      |      |       |      |           |     |                  | Yes  |         |  |
| Condiments, Taco Sauce                                 |      |      |       |      |           |     |                  | Yes  |         | Tomato Paste   |
| Condiments, Tajin Chile Lime Seasoning                 |      |      |       |      |           |     |                  |      |         |  |
| Cookie, Apple  |      |      | Yes   |      |           |     | Yes              |      | Yes     | Red #3, Yellow #6, Red #40, Blue #2  |
| Cookie, Chocolate Chip                                 | Yes  |      | Yes   |      |           | Yes | Yes              |      |         | Applesauce   |
| Cookie, Chocolate Mint                                 | Yes  |      | Yes   |      |           | Yes | Yes              |      |         |  |
| Cookie, Rainbow Sprinkle                               | Yes  |      | Yes   |      |           | Yes | Yes              | Yes  |         | Apples, Red 40, Yellow 6, Yellow 5, Blue 1, Red 3, Red 40                      |
| Cookie, Snickerdoodle                                  | Yes  |      | Yes   |      |           |     | Yes              | Yes  |         | Apples, Cinnamon   |
| Corn (1/2 Cup)   |      |      |       |      |           |     |                  | Yes  |         |  |
| Crackers, Cheez-It                                     |      |      | Yes   |      |           | Yes | Yes              |      | Yes     |  |
| Crackers, Chortles, Chocolate (Yogurt Bar)             | Yes  |      |       |      |           | Yes | Yes              |      |         | Sunflower Oil, Cocoa   |
| Crackers, Cinnamon Belly Bears                         |      |      |       |      |           |     | Yes              |      |         | Cinnamon   |
| Crackers, Goldfish                                     |      |      | Yes   |      |           |     | Yes              |      | Yes     | Sunflower Oil  |
| Crackers, Jungle Crackers                              |      |      |       |      |           |     | Yes              |      |         |  |
| Crackers, Scooby Doo Graham                            |      |      |       |      |           | Yes | Yes              |      | Yes     | Honey, Cinnamon  |
| Cracker, Apple Cinnamon Bear Graham                    |      |      |       |      |           |     | Yes              | Yes  | Yes     | Cinnamon   |
| Entrée, Burger, Cheesy Ketchup Burger                  |      |      | Yes   |      |           |     | Yes              | Yes  | Yes     | Tomatoes, Sunflower Oil,   |
| Entrée, Burrito, Bean and Cheese (Los Cabos)           |      |      | Yes   |      |           | Yes | Yes              | Yes  | Yes     | Potato Starch, Pea Fiber   |

## Allergy Database 2017-18

| Menu Item  | Eggs | Fish | Dairy | Nuts | Shellfish | Soy | Gluten/<br>Wheat | Corn | Soy Oil | Other                                    |
|--|------|------|-------|------|-----------|-----|------------------|------|---------|--|
| Entrée, Cheese Sandwich                                    |      |      | Yes   |      |           | Yes | Yes              | Yes  | Yes     |  |
| Entrée, Cheeseburger                                       |      |      | Yes   |      |           | Yes | Yes              | Yes  | Yes     |  |
| Entrée, Cheeseburger Twins (Mini Burgers)                  |      |      | Yes   |      |           | Yes | Yes              | Yes  | Yes     |  |
| Entrée, Chicken Nuggets                                    |      |      |       |      |           | Yes | Yes              |      |         | Carrot Powder, Rice Flour                |
| Entrée, Chicken Smackers                                   |      |      | Yes   |      |           | Yes | Yes              | Yes  |         | Garlic Powder, Onion Powder, Rice Flour, |
| Entrée, Chicken, Drumstick                                 |      |      |       |      |           |     | Yes              | Yes  |         |  |
| Entrée, Chicken, Italian                                   |      |      | Yes   |      |           | Yes | Yes              | Yes  | Yes     | Honey                                    |
| Entrée, Chili Cheese Dog                                   |      |      | Yes   |      |           | Yes | Yes              | Yes  | Yes     | Tomato Paste, Rice Flour,                |
| Entrée, Chicken, Corn Dog, Chicken                         | Yes  |      | Yes   |      |           | Yes | Yes              | Yes  |         | Honey                                    |
| Entrée, Double Dogs (Mini Hot Dogs)                        |      |      |       |      |           |     | Yes              | Yes  | Yes     | Potato                                   |
| Entrée, French Toast Sticks (Brunch for Lunch)             | Yes  |      | Yes   |      |           | Yes | Yes              | Yes  | Yes     | Cinnamon                                 |
| Entrée, Hamburger  |      |      |       |      |           |     | Yes              | Yes  | Yes     |  |
| Entrée, Hamburger, Mini (Preschool)                        |      |      |       |      |           |     | Yes              | Yes  | Yes     |  |
| Entrée, Hummus (Hummus Box)                                |      |      |       |      |           |     |                  |      |         | Lemon, Lime, (Tahini-sesame seed paste)  |
| Entrée, Meatloaf   |      |      | Yes   |      |           |     | Yes              | Yes  |         | Tomatoes, Sunflower Oil,                 |
| Entrée, Meatloaf and Mashed Potatoes                       |      |      | Yes   |      |           | Yes | Yes              | Yes  | Yes     | Tomatoes, Sunflower Oil,                 |
| Entrée, Nachos w/ Tortilla Chips (Junior High/High School) |      |      | Yes   |      |           | Yes | Yes              | Yes  | Yes     | Rice Flour, potato starch                |
| Entrée, Orange Chicken Bowl                                | Yes  |      |       |      |           | Yes | Yes              | Yes  | Yes     | Mushroom Extract, Orange juice and peel  |
| Entrée, Pita Bread (Hummus Box)                            |      |      |       |      |           |     | Yes              | Yes  |         |  |
| Entrée, Pizza, Cheese (Junior High/High School)            |      |      | Yes   |      |           | Yes | Yes              |      | Yes     | Tomato Paste                             |
| Entrée, Pizza, Cheese, Elementary                          |      |      | Yes   |      |           | Yes | Yes              |      | Yes     | Tomato Paste                             |
| Entrée, Pizza, Pepperoni (Junior High/High School)         |      |      | Yes   |      |           | Yes | Yes              |      | Yes     | Pork, Tomato Paste                       |
| Entrée, Pizza, Pepperoni, Elementary                       |      |      | Yes   |      |           | Yes | Yes              |      | Yes     | Pork, Tomato Paste                       |
| Entrée, Pizza, Domino's Smart Slice, Cheese                |      |      | Yes   |      |           | Yes | Yes              | Yes  | Yes     | Tomato                                   |
| Entrée, Pizza, Domino's Smart Slice, Pepperoni             |      |      | Yes   |      |           | Yes | Yes              | Yes  | Yes     | Tomato, Pork                             |
| Entrée, Salad, Asian Chicken (no dressing or crackers)     |      |      |       |      |           |     |                  |      |         |  |
| Entrée, Salad, Shaker, Turkey (no dressing or crackers)    |      |      | Yes   |      |           |     |                  |      |         |  |
| Entrée, Salad, Spicy Chicken                               | Yes  |      | Yes   |      |           | Yes | Yes              | Yes  |         | Sunflower Oil                            |
| Entrée, Sandwich, BBQ Rib                                  |      |      | Yes   |      |           | Yes | Yes              | Yes  |         | Tomato, Honey                            |
| Entrée, Sandwich, Chicken Breaded                          |      |      |       |      |           | Yes | Yes              | Yes  |         | Carrot Powder, Rice Flour                |
| Entrée, Sandwich, Chicken, Spicy                           |      |      | Yes   |      |           | Yes | Yes              | Yes  | Yes     | Sunflower Oil                            |
| Entrée, Sandwich, Grilled Cheese                           |      |      | Yes   |      |           | Yes | Yes              |      | Yes     |  |
| Entrée, Sandwich, Peanut Butter and Jelly                  |      |      |       | Yes  |           |     | Yes              |      | Yes     | Molasses                                 |
| Entrée, Sandwich, Tuna Salad                               | Yes  |      |       |      |           | Yes | Yes              | Yes  | Yes     | Cauliflower                              |
| Entrée, Sandwich, Turkey                                   |      |      |       |      |           |     | Yes              | Yes  | Yes     |  |
| Entrée, Sandwich, Turkey and Cheese                        |      |      | Yes   |      |           | Yes | Yes              | Yes  | Yes     |  |
| Entrée, Sandwich, Turkey Ham and Cheese                    |      |      | Yes   |      |           | Yes | Yes              | Yes  | Yes     |  |
| Entrée, Sandwich, Chicken Sliders                          |      |      | Yes   |      |           | Yes | Yes              |      | Yes     |  |
| Entrée, Sausage, Pork (Brunch for Lunch)                   |      |      |       |      |           |     |                  | Yes  |         | Pork                                     |
| Entrée, Taco Bean Dip w/ Tortilla Chips                    |      |      | Yes   |      |           |     |                  | Yes  | Yes     | Potato Flour, Potato Starch, Cocoa       |
| Entrée, TacoNada, Turkey                                   |      |      | Yes   |      |           | Yes | Yes              | Yes  | Yes     | Tomato Paste                             |
| Entrée, Taco Stick   |      |      | Yes   |      |           | Yes | Yes              | Yes  | Yes     | Onion, Tomato, Oats,                     |
| Entrée, Tacos, Carnitas                                    |      |      |       |      |           | Yes | Yes              | Yes  |         | Rice flour, Pork                         |
| Entrée, Tamale, Chicken and Chile                          |      |      |       |      |           | Yes |                  | Yes  |         |  |
| Entrée, Teriyaki Chicken w/ Rice                           |      |      |       |      |           | Yes | Yes              |      |         | Mushroom Extract, Lime                   |
| Entrée, Turkey Cheese Smile Sandwich                       |      |      | Yes   |      |           | Yes | Yes              |      | Yes     | Honey, Sesame Seeds                      |

## Allergy Database 2017-18

| Menu Item                          | Eggs | Fish | Dairy | Nuts | Shellfish | Soy | Gluten/<br>Wheat | Corn | Soy Oil | Other                                    |
|------------------------------------|------|------|-------|------|-----------|-----|------------------|------|---------|--|
| Entrée, Turkey Ham Sandwich        |      |      |       |      |           |     | Yes              | Yes  | Yes     |  |
| Entrée, Veggie Burger              |      |      | Yes   |      |           | Yes | Yes              | Yes  |         | Coffee, Sesame Seed Oil                  |
| Entrée, Yogurt, Peach (8 oz.)      |      |      | Yes   |      |           |     |                  | Yes  |         | Peach Puree                              |
| Fruit, Apple Slices, Fresh         |      |      |       |      |           |     |                  |      |         |  |
| Fruit, Apple, Whole, Fresh         |      |      |       |      |           |     |                  |      |         |  |
| Fruit, Applesauce, Strawberry      |      |      |       |      |           |     |                  |      |         | Strawberry Puree                         |
| Fruit, Applesauce, Watermelon      |      |      |       |      |           |     |                  |      |         | Red #40                                  |
| Fruit, Banana, Fresh               |      |      |       |      |           |     |                  |      |         |  |
| Fruit, Cantaloupe, Fresh           |      |      |       |      |           |     |                  |      |         |  |
| Fruit, Dried, Craisins             |      |      |       |      |           |     |                  |      |         |  |
| Fruit, Dried, Raisins              |      |      |       |      |           |     |                  |      |         |  |
| Fruit, Grapes                      |      |      |       |      |           |     |                  |      |         |  |
| Fruit, Honeydew, Fresh             |      |      |       |      |           |     |                  |      |         |  |
| Fruit, Kiwi, Fresh                 |      |      |       |      |           |     |                  |      |         |  |
| Fruit, Mixed, Canned               |      |      |       |      |           |     |                  | Yes  |         |  |
| Fruit, Nectarine, Fresh            |      |      |       |      |           |     |                  |      |         |  |
| Fruit, Peach Cup, Chilled          |      |      |       |      |           |     |                  | Yes  |         |  |
| Fruit, Peach, Fresh                |      |      |       |      |           |     |                  |      |         |  |
| Fruit, Peaches, Canned             |      |      |       |      |           |     |                  | Yes  |         |  |
| Fruit, Pear, Fresh                 |      |      |       |      |           |     |                  |      |         |  |
| Fruit, Pears, Canned               |      |      |       |      |           |     |                  | Yes  |         |  |
| Fruit, Pineapple, Fresh            |      |      |       |      |           |     |                  |      |         |  |
| Fruit, Plum, Fresh                 |      |      |       |      |           |     |                  |      |         |  |
| Fruit, Strawberry Cup, Chilled     |      |      |       |      |           |     |                  | Yes  |         |  |
| Fruit, Watermelon, Fresh           |      |      |       |      |           |     |                  |      |         |  |
| Juice, Apple, 100%                 |      |      |       |      |           |     |                  |      |         |  |
| Juice, Berry, 100%                 |      |      |       |      |           |     |                  |      |         |  |
| Juice, Orange, 100%                |      |      |       |      |           |     |                  |      |         |  |
| Milk, 1% White                     |      |      | Yes   |      |           |     |                  |      |         |  |
| Milk, Nonfat, Chocolate            |      |      | Yes   |      |           |     |                  | Yes  |         |  |
| Milk, Nonfat, White                |      |      | Yes   |      |           |     |                  |      |         |  |
| Orange (138)                       |      |      |       |      |           |     |                  |      |         |  |
| Tortilla Chips, Whole Grain        |      |      |       |      |           |     |                  | Yes  | Yes     |  |
| Vegetables, Beans, Cowboy          |      |      |       |      |           |     |                  | Yes  | Yes     | Tomato                                   |
| Vegetables, Beans, Garbanzao       |      |      |       |      |           |     |                  |      |         |  |
| Vegetables, Beans, Pinto           |      |      |       |      |           |     |                  |      |         |  |
| Vegetables, Beans, Black           |      |      |       |      |           |     |                  |      |         |  |
| Vegetables, Beans, Salsa           |      |      |       |      |           |     |                  |      |         | Tomato                                   |
| Vegetables, Beans, Pablano         |      |      |       |      |           |     |                  | Yes  |         | Garlic Puree, Onions, Lime Juice(Citrus) |
| Vegetables, Broccoli, Cooked       |      |      |       |      |           |     |                  |      |         |  |
| Vegetables, Cabbage, Shredded      |      |      |       |      |           |     |                  |      |         |  |
| Vegetables, Carrot, Baby           |      |      |       |      |           |     |                  |      |         |  |
| Vegetables, Cauliflower, Fresh     |      |      |       |      |           |     |                  |      |         |  |
| Vegetables, Celery                 |      |      |       |      |           |     |                  |      |         |  |
| Vegetables, Corn, Cooked           |      |      |       |      |           |     |                  | Yes  |         |  |
| Vegetables, Cucumber Slices, Fresh |      |      |       |      |           |     |                  |      |         |  |
| Vegetables, Green Beans            |      |      |       |      |           |     |                  |      |         |  |
| Vegetables, Jicama                 |      |      |       |      |           |     |                  |      |         |  |
| Vegetables, Lettuce, Romaine       |      |      |       |      |           |     |                  |      |         |  |
| Vegetables, Mashed Potatoes        |      |      | Yes   |      |           | Yes |                  | Yes  | Yes     | Sunflower Oil                            |
| Vegetables, Mixed                  |      |      |       |      |           |     |                  | Yes  |         |  |

## Allergy Database 2017-18

| Menu Item                                     | Eggs | Fish | Dairy | Nuts | Shellfish | Soy | Gluten/<br>Wheat | Corn | Soy Oil | Other                                     |
|---|------|------|-------|------|-----------|-----|------------------|------|---------|---|
| Vegetables, Peas                              |      |      |       |      |           |     |                  |      |         |   |
| Vegetables, Peas and Carrots                  |      |      |       |      |           |     |                  |      |         |   |
| Vegetables, Potatoes, Tater Tots              |      |      |       |      |           |     |                  | Yes  | Yes     |   |
| Vegetables, Salad                             |      |      |       |      |           |     |                  |      |         |   |
| Vegetables, Salad, 3-way mix                  |      |      |       |      |           |     |                  |      |         |   |
| Vegetables, Spinach, Fresh                    |      |      |       |      |           |     |                  |      |         | Molasses                                  |
| Vegetables, Sweet Potatoes, Bites             |      |      |       |      |           |     |                  | Yes  | Yes     | Molasses, Rice Flour, Oats, Sunflower oil |
| Vegetables, Sweet Potatoes, Crinkle Cut Fries |      |      |       |      |           |     |                  | Yes  | Yes     | Rice flour                                |
| Vegetables, Tomatoes, Cherry                  |      |      |       |      |           |     |                  |      |         |   |
| Vegetables, Broccoli, Fresh                   |      |      |       |      |           |     |                  |      |         |   |
| Yogurt, Peach                                 |      |      | Yes   |      |           |     |                  | Yes  |         | Peach Puree                               |
| Yogurt, Strawberry (Yogurt Bar)               |      |      | Yes   |      |           |     |                  | Yes  |         | Strawberry Puree, Red Cabbage Extract     |
| Yogurt, Strawberry Banana                     |      |      | Yes   |      |           |     |                  | Yes  |         |   |
| Yogurt, Vanilla                               |      |      | Yes   |      |           |     |                  | Yes  |         | Tapioca Starch                            |