

Menu Item	Serving Size	Weight (grams)	Calories	Fat (grams)	Sodium (mg)	Carb (grams)	Fiber (grams)	Protein (grams)	Allergens
BACON BITS - TURKEY	1.000 Serving (0.5 oz)	14.175	52.288	3.922	294.118	.654	.000	4.575	
BACON BITS, IMITATION	1.000 Tablespoon	7.000	30.000	1.000	125.000	2.000	.000	3.000	Soy, Corn Sweetener (syrup, md, sugar, dextr), Red Dye
BBQ SAUCE	1.000 Serving (2 Tbsp)	30.000	25.000	.000	230.000	6.000	.000	.000	Corn Sweetener (syrup, md, sugar, dextr), Tomato, Red Dye, Corn (veg/meal/starch/flour/oil/fiber/pr
CHEESE SAUCE	1.000 Ladle 2 (oz)	63.000	80.000	6.000	550.000	6.000	.000	.000	Dairy, Soy, Corn Sweetener (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour/oil/fiber/pr, Food Dyes (yellow, blue)
CHILI DOG SAUCE	1.000 Ladle 2 (oz)	57.000	50.000	1.500	300.000	7.000	2.000	2.000	Soy, Tomato, Corn (veg/meal/starch/flour/oil/fiber/pr
COCKTAIL SAUCE - MILD	1.000 Ounce	29.952	34.791	.000	281.436	8.681	.000	.000	Soy, Wheat, Corn Sweetener (syrup, md, sugar, dextr), Tomato
COCKTAIL SAUCE - SPICY	1.000 Ounce	30.496	34.791	.000	296.668	8.681	.000	.000	Soy, Wheat, Corn Sweetener (syrup, md, sugar, dextr), Tomato, Red Dye, Food Dyes (yellow, blue)
COUNTRY GRAVY	1.000 Ladle 1 (Oz)	29.483	20.143	.895	117.132	2.686	.000	.000	Dairy, Soy, Wheat, Corn Sweetener (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour/oil/fiber/pr
DILL RELISH	1.000 Serving (1/8 cup)	30.000	.000	.000	500.000	2.000	.000	.000	
DILUTED SOUR CREAM	1.000 Serving (1/8 cup)	35.726	59.208	4.731	50.348	2.256	.000	.249	Dairy, Corn (veg/meal/starch/flour/oil/fiber/pr

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DIPPING SAUCE	1.000 Scoop#10 (3 oz)	74.000	53.280	2.072	82.880	8.880	1.184	1.184	Soy, Tomato
DRESSING - 1000 ISLAND, FAT FREE	1.000 Package	43.000	64.891	.108	407.674	15.837	.142	.284	Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Tomato, Red Dye, Corn (veg/meal/starch/flour/oil/fiber/pr, Food Dyes (yellow, blue)
DRESSING - BUFFALO RANCH LOW FAT	1.000 Serving (2 Tbsp)	32.468	46.48	3.582	270.1065	1.874	0	0.4835	Dairy, Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour/oil/fiber/pr
DRESSING - CAESAR, LITE	1.000 Package	21.000	50.000	4.500	390.000	2.000	.000	1.000	Dairy, Fish, Soy, Corn Sweetner (syrup, md, sugar, dextr)
DRESSING - CILANTRO RANCH	1.000 Serving (2 Tbsp)	30.649	42.769	3.248	232.068	1.834	.000	.445	Dairy, Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour/oil/fiber/pr
DRESSING - FRENCH, FAT FREE	1.000 Package	43.000	40.000	.000	330.000	9.000	.000	.000	Corn Sweetner (syrup, md, sugar, dextr), Tomato, Red Dye, Corn (veg/meal/starch/flour/oil/fiber/pr
DRESSING - ITALIAN, FAT FREE	1.000 Package	43.000	10.000	.000	390.000	3.000	.000	.000	Corn Sweetner (syrup, md, sugar, dextr), Red Dye, Corn (veg/meal/starch/flour/oil/fiber/pr, Food Dyes (yellow, blue)

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DRESSING - JALAPENO RANCH, LOW FAT	1.000 Serving (2 Tbsp)	33.0675	46.5225	3.605	264.002	1.867	0.064	0.5065	Dairy, Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flou r/oil/fiber/pr
DRESSING - NORTENA RANCH	1.000 Serving (2 Tbsp)	23.0285	32.135	2.4405	174.366	1.378	0	0.3345	Dairy, Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flou r/oil/fiber/pr
DRESSING - RANCH, FAT FREE	1.000 Package	43.000	30.000	.000	450.000	7.000	1.000	1.000	Dairy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flou r/oil/fiber/pr
DRESSING - RANCH, LOW FAT	1.000 Serving (2 Tbsp)	30.598	45.856	3.582	222.734	1.75	0	0.4835	Dairy, Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flou r/oil/fiber/pr
FRUIT SAUCE	1.000 Serving (1 oz)	29.794	39.068	.234	13.829	7.997	.016	.779	Dairy
HONEY MUSTARD DRESSING	1.000 Serving (2 Tbsp)	30.010	130.043	11.004	210.070	7.002	.000	.000	Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Food Dyes (yellow, blue)
HOT SAUCE	1.000 Ounce	28.350	.000	.000	793.800	.000	.000	.000	Red Dye, Food Dyes (yellow, blue)
JALAPENOS, SLICED	1.000 Serving (1/8 cup, drained)	19.757	5.334	.186	330.139	.936	.514	.182	
JELLY, ASSORTED FLAVORS	1.000 Package	14.175	34.999	.000	.000	9.000	.000	.000	Corn Sweetner (syrup, md, sugar, dextr)
JELLY, GRAPE	1.000 Package	14.000	35.400	.000	8.100	8.900	.000	.000	Corn Sweetner (syrup, md, sugar, dextr)

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KETCHUP, BULK	1.000 Tablespoon	17.000	20.000	.000	160.000	5.000	.000	.000	Corn Sweetner (syrup, md, sugar, dextr), Tomato
KETCHUP, PORTION PACK	1.000 Package	9.000	10.000	.000	100.000	2.000	.000	.000	Corn Sweetner (syrup, md, sugar, dextr), Tomato
MUSTARD, PORTION PACK	1.000 Package	5.500	4.583	.000	77.917	.000	.000	.000	
ORANGE SAUCE	1.000 Tablespoon	19.000	43.537	.105	75.470	10.498	.027	.116	Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Orange, Sesame, Corn (veg/meal/starch/flou r/oil/fiber/pr
PARMESAN - PORTION PACK	1.000 Package	3.500	15.000	1.000	65.000	.000	.000	1.000	Dairy
PEPPER, PACKET	1.000 Serving (1 packet)	.100	.000	.000	.000	.000	.000	.000	
PICO DE GALLO	1.000 Serving (1/8 c)	23.810	6.705	.039	1.171	1.522	.348	.239	Tomato
POULTRY GRAVY	1.000 Ladle 1 (Oz)	32.796	10.336	.258	155.926	2.067	.000	.517	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flou r/oil/fiber/pr
RANCH DRESSING, PC	1.000 Package	12.000	70.000	7.000	100.000	1.000	1.000	.000	Dairy, Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flou r/oil/fiber/pr
RED PEPPER	1.000 Teaspoon	2.000	.000	.000	.000	.000	.000	.000	
SALAD DRESSING, PORTION PACK	1.000 Package	12.000	40.000	4.500	90.000	2.000	.000	.000	Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flou r/oil/fiber/pr

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SALSA	1.000 Serving (1/8 cup)	30.478	10.510	.000	147.135	2.102	1.051	.000	Tomato
SALSA - PC PACK	1.000 Package	14.175	5.000	.000	139.998	1.000	.000	.000	Tomato
SALSA - ROJA NORTENA	1.000 Serving (1/8 cup)	30.000	10.000	.000	260.000	2.000	.000	.000	Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour/oil/fiber/pr
SALSA - VERDE CILANTRO	1.000 Serving (1/8 cup)	30.000	10.000	.000	260.000	2.000	.000	.000	Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour/oil/fiber/pr
SOUR CREAM	1.000 Scoop#16 (1/4 c)	60.000	120.000	10.000	100.000	4.000	.000	.000	Dairy, Corn (veg/meal/starch/flour/oil/fiber/pr
SOY SAUCE, LITE	1.000 Tablespoon	15.000	15.000	.000	560.000	2.000	.000	2.000	Soy, Corn Sweetner (syrup, md, sugar, dextr)
SOY SAUCE, PORTION PACK	1.000 Package	6.000	3.600	.000	338.400	.384	.000	.509	Soy, Wheat
SUGAR SUBSTITUTE	1.000 Serving (1 packet)	1.000	.000	.000	.000	.000	.000	.000	
SYRUP - BULK	1.000 Tablespoon	15.041	60.163	.000	12.534	15.291	.000	.000	Corn Sweetner (syrup, md, sugar, dextr)
SYRUP - PORTION PACK	1.000 Pouch	42.525	123.106	.000	1.208	31.277	.000	.004	Corn Sweetner (syrup, md, sugar, dextr)
TARTAR SAUCE	1.000 Package	12.000	37.159	3.330	150.660	1.680	.030	.079	Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour/oil/fiber/pr
TARTAR SAUCE - HOMEMADE	1.000 Ounce	28.256	49.770	4.349	304.670	1.864	.000	.016	Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour/oil/fiber/pr

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WHIPPED TOPPING	1.000 Tablespoon (whipped)	3.375	9.375	.750	.000	.750	.000	.000	Soy, Corn Sweetner (syrup, md, sugar, dextr)