

Harvest of the Month

Network for a Healthy California



The Food Services Department is happy to offer several non-meat entrees, such as cheese pizza PB&J pillows, yogurt and more. In addition to the entrées, our Salad Bar is stocked full of salads and an assortment of fine, fresh fruits and vegetables. Through out the of December your student will have the opportunity to try **mandarins** as our harvest of the month



Beverly Hills Unified School District
CREATING A WORLD CLASS EDUCATION

BEVERLY HILLS HIGH SCHOOL • HORACE MANN • BEVERLY VISTA • HAWTHORNE • EL RODEO

On the Food Service Department's website listed on the top of this page. You can access our District's menu, nutritional information, wellness policy and nutrition activity lessons that can be view by clicking the appropriate buttons. Parents and Students can depend on the Food Services Department to be their nutrition resource.

Check out our web page for nutritional information at www.bhusd.org under parents/students School Lunch menus



DECEMBER 2009




Beverly Hills Unified School District
K-5 \$3.75 6-8 \$4.50

Prepay for School Lunches online!



The USDA and the CDE are equal opportunity providers and employers

Daily Milk & Juices Choices

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1-Dec</p>  <p>Fish Fillet Sandwich served on a w/w bun and potato smiles</p> <p>Fruit and Vegetables Bar</p>	<p>2-Dec</p> <p>NEW! Kosher Cheese Pizza</p>  <p>Fruits and Vegetables Bar</p>	<p>3-Dec</p> <p>Spaghetti with Meat or Marinara sauce served with veggies and bread stick</p> <p>Fruits and Vegetables Bar</p>	<p>4-Dec</p> <p>Hard Shell Tacos served with Refried Beans and all the goodies</p> <p>Fruits and Vegetables Bar</p>	
<p>7-Dec</p> <p>Turkey Hot Dog served on a w/w bun and Potato Smiles</p> <p>Fruits and Vegetables Bar</p>	<p>8-Dec</p> <p>Turkey Sub Sandwich sandwich served with Baked Chips</p> <p>Fruits and Vegetables Bar</p>	<p>9-Dec</p> <p>NEW! Kosher Cheese Pizza</p>  <p>Fruits and Vegetables Bar</p>	<p>10-Dec</p> <p>Cheese Lasagna rolls served with veggies and bread stick</p> <p>Fruits and Vegetables Bar</p>	<p>11-Dec</p> <p>Bean Cheese Burrito served with corn and all the goodies</p> <p>Fruits and Vegetables Bar</p>
<p>14-Dec</p> <p>Homemade Mac & Cheese served with Veggies & w/w dinner roll</p> <p>Fruits and Vegetables Bar</p>	<p>15-Dec</p> <p>Chicken Patty Sandwich served with Oven Baked Fries</p> <p>Fruits and Vegetables Bar</p>	<p>16-Dec</p> <p>NEW! Kosher Cheese Pizza</p>  <p>Fruits and Vegetables Bar</p>	<p>17-Dec</p> <p>Chicken Stir Fry served with veggies and steamed rice</p> <p>Fruits and Vegetables Bar</p>	<p>18-Dec</p> <p>Nachos with ground beef or plain served with all the goodies</p> <p>Fruits and Vegetables Bar</p>



<p>SPECIAL ENTRÉE FOR 6TH-7TH 8TH MON TUE THURS FRI</p> <p>INDIVIDUAL PIZZA YOUR CHOICE OF CHEESE-VEGGIE & PEPPERONI</p> 	<p>NEW!!! SERVED DAILY 100% FRUIT JUICE FROZEN TREAT WTH MEAL</p> 	<p>We offer Daily Four Alternative Meal Choices</p> <p>Kosher Sandwich Full service Salad Bar Smuckers PB&J Pillow Cup Yogurt & Fruit</p>
---	--	---