

BIBB COUNTY SCHOOL DISTRICT

APRIL 2017 MIDDLE SCHOOL MENU

"Farm to School" (F2S) Featured Item: Strawberries & Cauliflower

Check our MENUS and Nutritional Information at www.bcsdk12.net

BREAKFAST MENU CHOICES

**ALL BREAKFAST SELECTIONS ARE SERVED WITH CHOICE OF FRUIT, JUICE AND MILK.
DAILY BREAKFAST CHOICES INCLUDE CEREAL, POP TART, AND YOGURT or YOGURT PARFAIT.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Croissant with Sausage, Biscuit, Sausage, Super Donut, Cinnamon Toast Flakes, Blueberry Muffin	Cheese Grits Bowl, Biscuit & Gravy, Sausage Link, Super Donut, Spice Muffin, Cocoa Puffs	Pancakes, Biscuit, Chicken, Super Donut, Apple Jacks, Blueberry Muffin, Buttered Grits	Turkey & Egg Wrap, Biscuit, Super Donut, Cinnamon Flakes, Spice Muffin, French Toast, Sausage	Biscuit, Breakfast Chicken or choice of Meat, Super Donut, Fruity Cheerios, Buttered Grits

LUNCH MENU CHOICES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Chicken Fingers, Beef Wrap with Salsa, Pimento Cheese Sandwich, Pizza Sausage Choice of: Potato Wedge, Manager's Choice Veggie, Steamed Broccoli, Leaf Lettuce with Tomato Fruit, Fresh Fruit	Asian Chicken Bowl with Rice, Chicken Sandwich, Cheese Pizza, French Bread Garlic Pizza Choice of: California Blend Veggies, Edamame Succotash, Shredded Lettuce with Tomato, Baked Sweet Potato Fruit, Fresh Fruit	Spaghetti with Meat Sauce, Meatless Spaghetti with Cheese, Buffalo Chicken Pizza, Manager's Choice Entrée Choice of: Romaine Salad, Buttered Corn, Lima Beans, Shredded Lettuce with Tomato F2S Strawberries, Fruit	Creamy Tomato Bisque, Grilled Cheese Sandwich, Stuffed Crust Pepperoni Pizza, BBQ Pulled Chicken Sandwich, Potato Nachos Choice of: Roasted Squash, English Peas, Candied Carrots, Lettuce & Pickles Fruit, Fresh Fruit	Seafood Basket: Shrimp Pop, Fish Nuggets, Hushpuppies, Ham & Cheese Croissant, Baked Mac & Cheese, Cheese Stuffed Pizza Choice of: Eggplant Fries, Black-eyed Peas, Vertical Veggies, Lettuce & Tomato Fruit, Fresh Fruit
10	11	12	13	14
Chicken Chunks, Turkey Pepperoni Calzone, Cheese Calzone, Garlic French Bread Pizza Choice of: Sweet Potato Puffs, Green Beans, Seasoned Corn, Romaine Salad Fresh Fruit, Fruit	Cheesy Chorizo Chalupa, Chicken Sandwich, Cheesy Bean Supreme, Individual Meat Pizza Choice of: Lettuce & Pickles, Roasted Squash, Potato Wedge, Sliced Carrots Fresh Fruit, Fruit	Roasted Chicken, Corn Dog, Mozzarella Sticks, Buffalo Chicken Pizza, Choice of: Vertical Veggies, Creamed Potatoes, Collards or Turnips, Black-eyed Peas F2S Strawberries, Fruit	BBQ, Hamburger, Jumbo Cheese Ravioli, Turkey Pepperoni Calzone Choice of: Baked Beans, Coleslaw, Lettuce, Tomato & Pickles, Steamed Broccoli with Cheese Fresh Fruit, Fruit	Beef Nachos, Hot Dog, Bean Nachos, Stuffed Crust Pepperoni Pizza Choice of: Corn, French Fries, Carrots & Ranch Dip, Shredded Lettuce with Tomatoes Fresh Fruit, Fruit
17	18	19	20	21
Monday Drum Day, Chicken Tenders, BBQ with Sauce, Chickpea Hummus Plate, Pizza Sausage Choice of: Seasoned Corn, Eggplant Fries, Green Beans, Garbanzo Bean Salad Fresh Fruit, Fruit	Meatloaf with Salsa, Chicken Sandwich, Mozzarella Sticks, Individual Meat Pizza Choice of: Creamed Potatoes, Manager's Choice Veggie, English Peas, Leaf Lettuce with Sliced Tomato Fresh Fruit, Fruit	Chicken Alfredo with Sauce & Fresh Broccoli, Philly Steak Sandwich, Ravioli Cheese, Manager's Choice Entrée Choice of: Lettuce, Tomatoes & Pickles, Carrots with Dip, F2S California Blend Veggies, Manager's Choice Vegetable F2S Strawberries, Fruit	Meat Lasagna, Manager's Choice Entrée, Meatless Lasagna, Meat Calzone Choice of: Turnip Greens, Tossed Garden Salad, Sweet Potato, Lima Beans Fresh Fruit, Fruit	Fish, Chicken Salad Sub, Cheese Pizza, Stuffed Crust Pepperoni Pizza Choice of: Corn, Manager's Choice Vegetable, Leaf Lettuce with Sliced Tomato, Fries Fresh Fruit, Fruit
24	25	26	27	28
Chicken Pot Pie, Jalapeno Beef Wraps, Manager's Choice Entrée, Garlic French Bread Pizza Choice of: Fresh Sweet Potatoes, Green Beans, Manager's Choice Veggies Fresh Fruit, Fruit	Beef Steak with Gravy, Chicken Sandwich, Manager's Choice Entrée, Cheese Stuffed Crust Pizza Choice of: Creamed Potatoes, Steamed Broccoli with Cheese, French Fries, Leaf Lettuce & Tomato Fresh Fruit, Fruit	Manager's Choice Italian Day, Chicken Salad Sandwich, Grilled Cheese Sandwich, Buffalo Chicken Pizza Choice of: Manager's Choice Veggie, Black-eyed Peas, Vertical Veggies, Tossed Salad with Spinach F2S Strawberries, Fruit	Oven Roasted Chicken, Combination Meat Lover's Pizza, Cheese Ravioli, Manager's Choice Entrée Choice of: Collards, Seasoned Corn, Fresh Cauliflower and Celery, Mexican Bean Salad Fresh Fruit, Fruit	Manager's Choice Entrées, Hot Dog Choice of: Potato Wedges, Baked Beans, Manager's Choice Veggies Fresh Fruit, Fruit

SPECIALITY MENUS: SANDWICHES & MORE -- FRESH SUB LINE (WITH VEGGIE TOPPINGS) -- PIZZA EXPRESS -- GARDEN EXPRESS -- YOGURT PARFAIT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ham & Cheese Salad Shaker, Garden Salad with Spinach, Turkey Flatbread Sandwich, Ham & Cheese Hoagie	Greek Grilled Chicken Salad, Deli Combo & Cheese Sub, Turkey, Ham & Cheese Sub	Turkey, Lettuce & Cheese Combo Croissant, Yogurt with Crackers and Sunflower Seeds,	Southwest Chicken Salad, Ham & Cheese Hoagie, Turkey & Cheese Sandwich	Caesar Chicken Salad, Grilled Chicken Sub

MENU SUBJECT TO CHANGE BASED ON AVAILABILITY.

A CHOICE OF MILK AND FRUIT IS OFFERED.

This institution is an equal opportunity provider.