

School Nutrition Program Information for 2017.2018

The school nutrition program's sustainability depends on the number of breakfast and lunch meals that are served each day. Our participation numbers for students from all schools from August 2016 through May 2017 were:

- After School Program Snacks: 11,076 Supper Meals: 755
- Breakfast: 268,316
- Lunch: 494,009

The mission for the Pulaski School Nutrition Program is to see that every student benefits nutritionally from the breakfast and lunch meals provided each school day. The breakfast and lunch menu is planned to meet meal pattern requirements, which includes more fruit and vegetable choices.

Farm to School continues to be a very important part of the school nutrition program. Fresh locally grown fruits and vegetables are included on school menus as much as possible.

Parents/Guardians: encourage your children to choose breakfast and lunch at school!

The ongoing purpose of the school nutrition program is to serve quality meals that contribute toward the whole child's long-term health and wellness.

Elementary Student - Breakfast & Lunch Prices

Elementary Breakfast: \$1.25

Reduced Price Breakfast: **\$0**

Full Price Lunch: \$1.90

Reduced Price Lunch: \$.40

Student Full Price Breakfast & Lunch per day: \$3.15

Student Full Price Breakfast & Lunch per week: \$15.75 – Breakfast & Lunch for the Year: \$567.00

Middle & High Student - Breakfast & Lunch Prices

Full Price Breakfast: \$1.25

Reduced Price Breakfast: **\$0**

Full Price Lunch: \$2.00

Reduced Price Lunch: \$.40

Student Full Price Breakfast & Lunch per day: \$3.25

Student Full Price Breakfast & Lunch per week: \$16.25 --Breakfast & Lunch for the Year: \$585.00

Adult Meal Prices:

Breakfast: \$1.75

Lunch: \$3.00 (adult portions are the same as 9-12 grade group)

School Nutrition provides the following payment options:

Cash or checks are accepted at Point of Service - **Please write student pin# on checks to ensure payment is correctly applied.**

Online prepay: My School Bucks: www.myschoolbucks.com

ONLINE Pre-pay - My School Bucks -- Visit www.myschoolbucks.com– the process is very easy and convenient.

- Parents/guardians may pay or view account history and check account balances 24/7
- View student cafeteria purchases at no charge

- Make payments using VISA, Master Card or Discover – credit/debit cards (\$2.00 fee)
- Option to have payments made automatically each month
- Receive deposit confirmations directly to email account
- Low-balance emails (please **provide current** email address)

The **Community Eligibility Provision (CEP)** will be available at **Critzer, Pulaski and Riverlawn Elementary Schools and Pulaski Middle School for SY 2016.2017**. All students are encouraged to participate at breakfast and lunch.

Meal Applications are not required for CEP schools.

Contact Ethelene W. Sadler – 540 994-2523 for questions related **CEP**.

Students that were eligible for free or reduced meals for previous school year must re-apply unless you receive a letter that states otherwise. Parents/Guardians may complete a paper application provided with back to school packets. **Only one application is necessary for students in the same household.** Students approved for free meals have access for breakfast and lunch at no cost. Reduced priced eligible is \$.0 for breakfast and \$.40 cents for lunch. **Parents are encouraged to apply online -- ONLINE meal apps: www.pcva.us** - access from the Pulaski County Schools homepage.

Parents/Guardians: please make sure your child has funds available for breakfast and lunch to **avoid charges** from occurring. **If your student ended the year with a negative balance, any money received will be applied to clear the charges.**

Manager's Name/Contact Info

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School Board Office

Ethelene W. Sadler, Director of School Nutrition - 540 994-2523 or email esadler@pcva.us
 Connie P. Wood, Assistant to the Director – 540 994-2520 or email cpwood@pcva.us
 Constance D. Paul, Office Assistant/Meal Application Specialist – 540 994-2529 or cpaul@pcva.us

New Programs:

- **Supper Meals** available at Pulaski Middle School – start date TBA- call 540 994 2523 for more information and possibly more Supper Meals at another site.....stay tuned
- Alternate Breakfast Programs available – Grab n Go, Second Chance Breakfast, Breakfast After the Bell
- Summer Mobile Meals – Summer Meals on site
- **Check out the School Nutrition & Fitness Website** (menus and much more)
<http://www.schoolnutritionandfitness.com/index.php?sid=1494430420757>