

THE LUNCH LINE

August 2021

OFFICIAL NEWSLETTER OF LUSD NUTRITION SERVICES

<http://foodservice.lodiUSD.net>



Welcome Back to School!

Did you know that Breakfast and Lunch are **FREE** every day, for every student? Thanks to USDA waivers, Breakfast and Lunch will be offered to all students free of charge. Try our scratch-made muffins, or cinnamon rolls for a quick healthy breakfast! At lunch, your favorites; homemade Texas Straw Hat, Nacho Cheese w/Tortilla Chips, and Teriyaki Chicken with Rice are all back on the menu. Join us for Breakfast and Lunch!



Medical Statements

Does your student have a food allergy, physician ordered textural diet, or diabetes? Fill out a Medical Statement to Request Special Meals and/or Accommodations today! Please fill out, have signed by a physician, and turn into your student's cafeteria. This form can be found on our website <http://foodservice.lodiUSD.net>, or in your school cafeteria.

Smart Snacks, Fundraisers, and Class Celebrations

Smart Snack regulations apply to all fundraisers, in and out of school hours. Nutrition Services is partnering with all schools to ensure your school is compliant. We can also help you plan a class celebration that is fun, as well as healthy. Contact us today to find out how we can help you have a compliant food fundraiser or party! For more information, see our website <http://foodservice.lodiUSD.net>, call the Nutrition Services Department at 209-331-7155, or attend our next Wellness Committee Meeting!



Attention all Aspiring Cooks!

Interested in joining our Nutrition Services team? We're taking applications for multiple positions as well as substitute Cafeteria Assistants and Warehouse Workers/Delivery Drivers. See postings and apply on line at www.edjoin.org, search: Lodi Unified Cafeteria or Nutrition. Applications will be accepted until all positions are filled.

Meals are FREE for All Students

ALL Meals are free this year under a special USDA waiver. Meal applications do not need to be completed to participate in our program but they are still available at www.schoolLunchApp.com if needed for P-EBT qualification. We do encourage every household to complete the Parent Data Confirmation thru the Aeries Parent Portal or the Family Household Survey. This information allows your school to benefit from various State and Federal supplemental funding and programs such as Title 1, At Risk After School Programs and E-Rate programs. All information on the survey is confidential and without your assistance, the school cannot maximize State and Federal funds.



Bringing Your Lunch From Home?

Pick 3 Free

Add a fruit, veggie and milk for FREE!

Lunch is free for all, but for those who wish to grab a milk or add a fruit, they must pick 3 items to count as a free meal.

If a student only wants milk, we do have to charge \$0.50 since it doesn't meet our federally mandated meal requirements of a minimum 3 components. Current guidelines require us to offer 5 components daily: fruits, vegetables, whole grains, meat/meat alternates, and milk. A student must take at least 3 of the 5 required components and at least 1 of those 3 must be a fruit or vegetable.

Wellness Committee Meeting

Lodi Unified Wellness Committee

School wellness incorporates physical activity, nutrition, and healthy lifestyle choices. Our goal is to support and encourage students to eat well, exercise, and practice healthy habits so they can achieve their best. Please join us at our next meeting:

- Wednesday, October 27, 2021 3:30-4:30 pm
Nutrition Services Central Kitchen Training Room
840 S. Cluff Avenue, Lodi



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